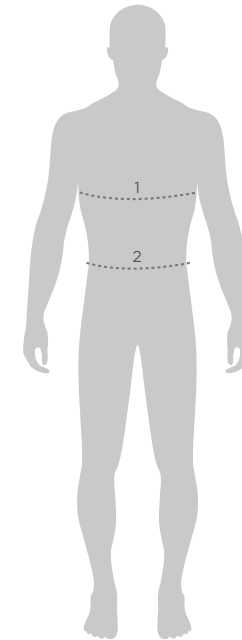


SIZE	CHEST	WAIST	INCH
XS	90-95	80-85	30"
S	95-100	85-90	32"
M	100-105	90-95	34"
L	105-110	95-100	36"
XL	110-115	100-105	38"
2XL	115-120	105-110	40"
3XL	120-125	110-115	42"
4XL	125-130	115-120	44"
5XL	130-135	120-125	46"
6XL	135-140	125-130	48"
7XL	140-145	130-135	50"
8XL	145-150	135-140	52"
9XL	150-155	140-145	54"
10XL	155-160	145-150	56"



How to Measure

1. Chest Circumference
Measure around the fullest part of your chest with your arms down. Keep the tape level.

2. Waist Circumference
Measure around the narrowest part of your waistline. Located above the belly button and below the rib cage. Keep the tape level.

3. Height Circumference
Wearing no shoes, measure from the top of the head to the ground.

Please note that all measurements are in centimeters.

Please note that all measurements are in centimeters.

When measuring for pants the hip measurement will provide the best fit and when measuring for tops the chest measurement will provide the best fit.

If you are between sizes please use the larger size for a comfortable fit.